

Vegetables Deer LOVE

Beans	Leafy greens (Collard, spinach)	Sweet corn
Beet tops	Lettuce	Sweet potato
Carrot tops	Peas	
Kohlrabi	Spinach	

Moderately Deer-Resistant Vegetables

Bok Choy	Kale	Rutabagas
Broccoli	Kohlrabi	Summer Squash (zucchini)
Brussels Sprouts	Melons	Jerusalem Artichokes
Cabbage	Mustard Greens	Tomatoes
Carrots	Okra	Winter Squash
Cauliflower	Parsnips	
Chard	Potatoes (leaves & flowers)	

Deer Resistant Vegetables

Artichoke	Eggplant	Pumpkin
Arugula(may)	Garlic	Radishes (may)
Asparagus	Horseradish	Rhubarb
Beets	Leeks	Tomatillos
Chives	Onions	Turnips
Cucumbers (may)	Peppers (may)	

Herbs Deer Love

Basil	Cilantro	Parsley
-------	----------	---------

Deer Resistant Herbs

Anise (may)	Garlic Chives	Oregano
Borage may)	Lavender	Rosemary
Chamomile	Lemon balm	Sage
Comfrey	Lemongrass	Tarragon
Dill	Marjoram	
Fennel	Mint	

Fruits Deer LOVE

Apples	Grapes	Raspberries
Berries (most kinds)	Kiwi fruit	Serviceberry (may)
Currants (may)	Plums	Strawberries
Pears	Pumpkins	

A List of Edible Deer-Resistant Plants

1. **The Onion Family (Alliums)**- This family includes onions, chives, leeks, shallots and garlic.
2. In general, deer do not like eating plants that have a strong odor or flavor, or have an unappetizing texture. This includes Artichokes that are spiky, herbs that are strong-smelling and strongly flavored including lavender (but they love basil), Prickly vegetables like cucumbers and Hairy squashes.
2. **Nightshades**- This family includes potatoes, tomatoes, peppers, tomatillos, eggplants, and deadly nightshade... They are toxic to deer
3. **Rhubarb**- Rhubarb is toxic to deer. Only the stems are edible. The leaves are poisonous.
4. **Root Vegetables**- Deer usually avoid root vegetables (which require digging), but they will eat the tops- the leaves, flowers, and stems.
5. They also tend to avoid plants that they cannot get to.
6. When wild food sources are low, or there is a high deer density, they may eat even the most “deer resistant” vegetables, herbs and fruit.