

Average First and Last Frost Dates for Participants on 21 April 2021

| City | Average Last Frost | Average First Frost Date | Altitude | USDA Hardiness Zone | Zip Code |
|-------------------------|--------------------|--------------------------|----------|--------------------------|---------------|
| Alpine | 13-May | 2-Oct | 5068' | Zone 6b : -5 to 0 (F) | 84004 & 84003 |
| American Fork | 19-May | 1-Oct | 4711' | Zone 6b : -5 to 0 (F) | 84003 |
| Cedar Hills | 19-May | 1-Oct | 5068' | Zone 7a : 0 to 5 (F) | 84062 & 84003 |
| Cottonwood Heights | 4-May | 16-Oct | 4823" | Zone 7a : 0 to 5 (F) | 84121 |
| Eagle Mountain | 7-Jun | 12-Sep | 4882' | Zone 6b : -5 to 0 (F) | 84005 |
| Elk Ridge | 1-May | 16-Oct | 5354' | Zone 6b : -5 to 0 (F) | 84651 & 84653 |
| Heber | 4-Jun | 15-Sep | 6010' | Zone 5b : -15 to -10 (F) | 84032 |
| Herriman | 14-May | 30-Sep | 4504' | Zone 7a : 0 to 5 (F) | 84096 & 84065 |
| Highland | 19-May | 1-Oct | 5068' | Zone 6b : -5 to 0 (F) | 84003 |
| Lehi | 14-May | 30-Sep | 5068' | Zone 6b : -5 to 0 (F) | 84043 |
| Lindon | 3-May | 17-Oct | 4711' | Zone 7a : 0 to 5 (F) | 84042 |
| Loomis | 7-Feb | 7-Dec | 404" | Zone 9b : 25 to 30 (F) | 95650 |
| Mapleton | 1-May | 16-Oct | 4721' | Zone 6b : -5 to 0 (F) | 84664 |
| Orem | 3-May | 17-Oct | 4819' | Zone 7a : 0 to 5 (F) | 84057 |
| Payson | 16-May | 5-Oct | 4721' | Zone 6b : -5 to 0 (F) | 85651 |
| Pleasant Grove | 3-May | 17-Oct | 4711' | Zone 7a : 0 to 5 (F) | 84062 |
| Provo- Airport | 28-Apr | 17-Oct | 4570' | Zone 7a : 0 to 5 (F) | 84601 |
| Provo- BYU | 3-May | 17-Oct | 5118' | Zone 6b : -5 to 0 (F) | 84604 |
| Randlet | 12-May | 27-Sep | 4816" | Zone 5a : -20 to -15 (F) | 84063 |
| Riverton | 28-Apr | 16-Oct | 4439" | Zone 7a : 0 to 5 (F) | 84065 |
| Roy | 30-Apr | 17-Oct | 4541" | Zone 7a : 0 to 5 (F) | 84067 |
| Saint George | 20-Mar | 5-Nov | 2769' | Zone 8a : 10 to 15 (F) | 84770 |
| Salem | 1-May | 16-Oct | 4721' | Zone 6b : -5 to 0 (F) | 84653 |
| Salt Lake City- Airport | 19-Apr | 25-Oct | 4281' | Zone 7b : 5 to 10 (F) | 84111 |
| Salt Lake City- Bench | 2-May | 18-Oct | 4783' | Zone 7a : 0 to 5 (F) | 84124 |
| Sandy | 27-Apr | 18-Oct | 4960' | Zone 7a : 0 to 5 (F) | 84092 |
| Saratoga Springs | 14-May | 30-Sep | 4505' | Zone 6b : -5 to 0 (F) | 84045 |
| South Jordan | 27-Apr | 18-Oct | 4504' | Zone 7a : 0 to 5 (F) | 84095 |
| Spanish Fork | 1-May | 16-Oct | 4721' | Zone 6b : -5 to 0 (F) | 84660 |
| Spring City | 3-Jun | 17-Sep | 5823' | Zone 6a : -10 to -5 (F) | 84662 |
| Vernal | 25-May | 23-Sep | 5259' | Zone 5b : -15 to -10 (F) | 84078 & 84079 |
| Vineyard | 3-May | 17-Oct | 4557' | Zone 7a : 0 to 5 (F) | 84058 |
| Woodland Hills | 1-May | 16-Oct | 5331' | Zone 6b : -5 to 0 (F) | 84653 & 84651 |